

All In! Sharing Performance  
Friday 1 September 2023

**NYB**  
National Youth Ballet



# Welcome

It is a pleasure to welcome you to this sharing of National Youth Ballet's All In! project, in collaboration with Parable Dance and South East Dance.

Dancers from NYB and Parable Dance have joined forces to create an inclusive ballet company. You will see them perform their own adaptation of *Romeo and Juliet*, choreographed by NYB Beyond Ballet® choreographers Ross Black and Hannah George.

This sharing is the culmination of four days in the rehearsal studio this August, but All In! is underpinned by a longer period of research and development, and continued professional development, delivered by Parable Dance Artistic Director Natasha Britton and NYB Creative Director Jo Meredith earlier in the year. In December 2022 we piloted our first R&D workshops with choreographers and South East-based local ballet teachers to explore inclusive practice with expert practitioners with lived experience of disability to explore how ballet could be taught and choreographed in a more inclusive way. In April 2023 we tested our model in a creative workshop led by Beyond Ballet® choreographers, Ross Black and Hannah George with NYB and Parable dancers to apply our learning about inclusive practice and explore inclusive skills development for dancers.

These choreographers have further developed their skills and led this inclusive group of young dancers under the guidance of NYB ambassador Joe Powell-Main. NYB Beyond Ballet® Lighting Designer Ros Chase and Costume Supervisor Elisa Mozzanica have supported the creation of this work, alongside a dedicated group of assistants and volunteers.

NYB is passionate about finding ways to make ballet more accessible and inclusive. All In! is an important part of this vision, for audiences, for participants and sector development. We hope to take the learning from this activity into all of our other work.

We are extremely grateful to our volunteers, to the team at South East Dance and all the funders and individual supporters who have made this work possible.

**Jo Meredith**

NYB Creative Director

# All In! Creative Team

Beyond Ballet® Choreographers: **Hannah George** and **Ross Black**

Creative Director: **Jo Meredith**

Parable Dance Artistic Director: **Natasha Britton**

Project Manager: **Natalie Haslam**

NYB Ambassador: **Joe Powell-Main**

Photographer and Projects Assistant: **Ciara Clayton**

Photography: **Jules Renahan**

Filmmakers: **Kate Church** and **Michelle Tofi**

Beyond Ballet® Lighting Designer: **Ros Chase**

Beyond Ballet® Costume Designer: **Elisa Mozzanica**

Choreographic Assistant: **Honor Dixon**

Dance Leaders: **Zach Opere-Onguende** and **Max Arnold**

Assistants: **Amy Groves**, **Angelina Spurrier**, **Catherine Sleeman**, **Charis O'Halloran**, **Claire Christou**, **Madison Copping**

Evaluator: **Judith Robinson**

Beyond Ballet® is supported by Idlewild Trust and Garrick Charitable Trust.

To find out more about the All In! team hover over their names and follow the links.



# All In! Dancers

## NYB Dancers

Grace Abercrombie  
Emily Cozens  
Matilda Head  
Abri Holmes  
Zach Opere-Onguende  
Zak Smith  
Beth Weller

## Parable Dancers

Max Arnold  
Lydia Beattie  
Issac Oliviero  
John Azmi Sidra  
Grace Thompson  
Adam Walker

## Assistants

Claire Christou  
Madison Copping  
Amy Groves  
Charis O'Halloran  
Catherine Sleeman  
Angelina Spurrier

## About Parable Dance



At Parable Dance we are passionate about providing opportunities for people with disabilities through dance. We believe that dance has the ability to unite communities, develop confidence and maximise physical health and wellbeing. People have the opportunity to be creative, active and social. Everyone has a unique ability.

Parable Dance deliver inclusive dance classes in the south east of England, including weekly youth and adult classes at The Dance Space and workshops for disabled children, young people and adults on a project basis for schools, colleges, day centres and other organisations.

We offer continued professional development, mentoring and consultancy to support others to develop their skills of inclusive dance practice. We run two bi monthly networks to help connect disabled and non-disabled dancers and teachers from around the UK and beyond and we deliver a bespoke 6-month mentoring programme for dancers around the UK who are starting out on their inclusive dance career.

Parable Dance CIC is applying for and would welcome support from grant-giving organisations, foundations and trusts, corporate social responsibility programmes and individuals who share our values and our mission. All contributions towards our work are gratefully received.

Co-founder & Artistic Director: **Natasha Britton**

Co-founder: **Erica Moshman**

General Manager: **Millie Kingsnorth**

Find out more about Parable Dance at [www.parabledance.co.uk/support-us/](http://www.parabledance.co.uk/support-us/)

# Support National Youth Ballet

NYB relies on generous supporters like you to continue to develop our work in promoting access to excellence in ballet. Please consider visiting our website where you can donate to our 2023 Widening Participation Appeal; join the **NYB Company Sponsors and Giving Circles**; or simply **join 'easyfundraising'** to turn your everyday online shopping with retailers like Argos, John Lewis and ebay into free donations for National Youth Ballet.

## Click here to donate now

Make a gift today to help us create the ballet artists of tomorrow!



We are most grateful for the invaluable financial support of all our individual donors and grantmakers. We would like to thank the members of our **Giving Circles, trust and foundation supporters** and our major funders for their generous support in 2023.



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# About National Youth Ballet

For over 30 years the National Youth Ballet has cultivated and nurtured excellence in dance. Our mission is to provide transformational opportunities for young people to participate in, create and perform classical and contemporary ballet. Our vision is that young people will create the ballet of the future, challenging perceptions about what ballet can be, showing that it can be for everyone and ensuring that it reaches the widest audience.

Our annual Residential Performance Company is a unique, intensive programme that replicates the experience of working in a professional dance company and provides a key stepping-stone to a future career in the performing arts. Our alumni progress to become dancers and choreographers in major British ballet companies including The Royal Ballet, Birmingham Royal Ballet, English National Ballet, Northern Ballet, Scottish Ballet, Rambert and Matthew Bourne's New Adventures, and many more have gone on to work in dance and related industries worldwide.

Our Widening Participation programme of inclusive talent development creates a meaningful participant journey for young people from the widest backgrounds into, through and beyond NYB. Dancers' Development Experience is our mobile, non-residential activity opening the doors to new participants from different geographic locations to begin the participant journey with NYB. All In! explores more inclusive practice in ballet for teachers and choreographers to make ballet more accessible. Beyond Ballet® is a professional skills' development for 18-25 year old emerging creative artists from all areas of the theatre industry in the early stages of their professional careers, to receive mentoring from a wide range of industry experts alongside practical paid opportunities. Moving Minds is embedded at the heart of all NYB activity, a vital and mindful approach to health and wellbeing, focusing on building physical and mental resilience and confidence in young people.

## NYB Management Team

Chief Executive: **Barbara Palczynski**

Creative Director: **Jo Meredith**

Artistic Director RPC: **Louise Bennett**

Associate Artistic Director: **Amelia O'Hara**

Project Manager: **Natalie Haslam**

Marketing Manager: **Claire Bowdler**

Fundraising Manager: **Martha Oddy-Boninfante**

General Manager: **Charlie Fulton-Langley**

Finance Manager: **Simon Box**

Social Media Coordinator: **Ciara Clayton**

Administrative Assistant: **Katie Eldridge**

## **NYB Trustees**

Patricia Castanha, Chair  
Kavya Chauhan  
Ashley Dixon  
Amanda Fone  
Giles Gordon  
Anna Meadmore  
Paul Reeve MBE  
Rosemary Ryde  
Vanessa Vince-Pang

## **NYB Ambassador**

Joe Powell-Main

## **NYB Patrons**

Carlos Acosta CBE  
Sir David Bintley CBE  
Sir Matthew Bourne OBE  
Baroness Deborah Bull CBE  
Dame Darcey Bussell DBE  
Jayne Cadbury MBE  
Reece Clarke  
Lauren Cuthbertson  
Antony Dowson ARAD  
Janet Kinson FISTD  
Dame Joanna Lumley DBE  
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Drew McOnie  
Anna Meadmore  
Angela Mortimer  
Samira Saidi  
Dame Antoinette Sibley DBE  
Tyrone Singleton  
Wayne Sleep OBE  
Sir Peter Wright CBE

