

National Youth Ballet 2026 Season
Residential Code of Conduct for participants

National Youth Ballet is built upon a set of core values, and we encourage all participants and team to behave in a way that is aligned with these values.

NYB Values	
DIVERSE	We make ballet accessible to young people from all backgrounds and levels of experience.
AMBITIOUS	We present bold new works and push the boundaries of performance and production.
NURTURING	We prioritise the wellbeing and creativity of every dancer, building kind communities where they can be their authentic selves.
CHALLENGING	We reframe how ballet is created, taught, and experienced, inspiring a more accessible art form.
ETHICAL	We seize every opportunity to champion fairness, equity and the environment to make a positive impact.

In addition, we ask that all participants read through the Behaviour Policy and Social Media Policy and understand the Residential Rules as outlined below.

General

1. Please always follow NYB's instructions and guidance on health and safety and report any injury or any accidents to a member of the support team as soon as possible so that they can support you
2. As in the professional world, please be punctual for all classes, rehearsals and performances
3. Please listen attentively to teachers and to fellow participants
4. Please ensure hair is appropriate for all classes, rehearsals and performances
5. Please model good behaviour and avoid offensive language and swear words at all times
6. NYB is a Banter-Free-Zone. Banter can have harmful unintended consequences and so it is not tolerated at NYB
7. Bullying (including cyber bullying) is a serious matter and always unacceptable
8. Smoking (including the use of e-cigarettes, vapes and other such items) and the use of alcohol or drugs are strictly prohibited. NYB is an alcohol and drug free zone
9. Electronic Devices:

9.1 For safeguarding reasons, NYB must ensure that electronic devices with a camera e.g. smart phone, iPad, tablet, camera are not permitted for use in areas where people might be changing e.g. studios, wardrobe or changing rooms or dressing rooms. Anyone found filming or taking photos in these spaces in breach of this rule will be asked to hand over their device to the activity lead or DSL and delete any content created.

9.2 NYB is happy for participants to use their electronic devices outside of these spaces ie.

in the communal areas, foyer, common rooms but please remember that not everyone has given consent to be photographed or filmed. Always check first. An image once posted online is there forever.

10. Be respectful and kind to all members of the NYB community.

Residential Rules

1. Nut Allergy: National Youth Ballet is a nut-free zone. Please do not bring any food containing nuts. Some of our young people have severe food allergies to dairy, egg, nuts, sesame seeds, kiwi and fresh fish so please bear this in mind if bringing in food snacks. We also kindly ask that children do not share food. Our kitchen is fully prepared and briefed.
2. Bed Times:
 - a. Age 12 and under 8.30pm Lights out: 9.00pm
 - b. Age 15 and under 9.30pm Lights out: 10pm
 - c. Age 16 and over Back in rooms by 9.30pm
3. House access: for practical reasons, there will be no access to houses during the day, unless in an emergency. Please ensure you pack everything you need for the entire day, and bring your bag with you to breakfast. You will be able to return only after the last class of the day before dinner.
4. Evening events: these are communal activities and compulsory for all participants unless you are involved in a specific rehearsal or another activity organised by your House Parent.
5. Fire and Heat/Smoke Alarms are very sensitive. **PLEASE DO NOT USE AEROSOLS** e.g. hairspray, deodorant in rooms/dorms or studios – these will set off the fire alarms. **PLEASE DO NOT USE THE TOASTERS OR MICROWAVES IN THE HOUSES.** Should this occur as a result of a breach of this rule, NYB will be fined to reset the fire alarm, as the fire brigade is

automatically called. This results in a waste of fire brigade time, and reflects badly on NYB. The cost will be the responsibility of the NYB participant and passed on to the parent/carer.

6. Environment: Please respect the National Youth Ballet environment by keeping personal and communal areas clean and tidy. Please use the available recycling facilities and bins provided. Please keep your dorm areas clean and tidy at all times.
7. Vandalism: NYB participants must not cause damage to property either at Elmhurst Ballet School or at the public theatres where we perform. Vandalism will not be tolerated, and the cost of any repairs will be the responsibility of the NYB participant and passed on to the parent/carer.
8. Leaving Campus: NYB participants may not leave the Elmhurst campus at any time. This includes everyone including the senior company members irrespective of age. This is a company residential and as such, all the creative team and participants are in residence.
9. Please ensure all electronic devices are switched off or on silent during class and rehearsals, both at Elmhurst and in theatres to avoid disturbances.
10. Young people under the age of 14 must hand in their devices to their houseparents at bedtime.
11. Out of Bounds and Emergency Exits: Your house parent will provide you with an orientation of your house and you will get to know Elmhurst main site throughout the residential. For safeguarding reasons, please do not go into areas which are marked out of bounds or use any Emergency Exits. Elmhurst has an electronic security system which is triggered when these doors are used.
12. Relationships: NYB Participants should always be respectful of each other's personal boundaries and not engage in any sort of physical relationship with another NYB participant during the residential. If you have any concerns about this for either yourself or for anyone else please speak to our Safeguarding and Support Team Manager or another member of the team
13. Security: Only House Parents and NYB Team have the Door codes, key fobs and

electronic passes. These are an important security measure and they should never be given out to participants, other parents or visitors.

When a participant's behaviour falls below expectations set out in the Residential Code of Conduct, the Behaviour Policy and Social Media Policy, the House Parent will take appropriate action and inform the Safeguarding and Support Team Manager (SSTM). Restrictive interventions are outlined in the Behaviour Policy but may include a loss of free time and structured activity put in its place such as additional duties in the residential area, tidying the common rooms, kitchen duties and other community-based tasks. The House Parents will record these interventions and the SSTM will be informed. In the case of the behaviour being classed as severe, the Artistic Director will be informed.

Safeguarding and Support

Jules Renahan is our Safeguarding and Support Team Manager and will be the safeguarding lead at the residential. Barbara Palczynski is Chief Executive and NYB's overall Designated Safeguarding Lead. Jules is supported by a team of House Parents who will look after all participants from a pastoral perspective during the residential. You will meet your House Parent and be introduced to the Support Team on the first day of our Residential Performance Company activities.

If you have any concerns or worries, please speak to a House Parent, Jules, or any other member of the NYB team who will be happy to listen to you. If you do not feel able to speak to someone at NYB and/or your parent/carer, you can call childline on 0800 1111.



Thank you for your help and cooperation.